

MEMORANDUM FOR ALMAJCOM/SG

FROM: HQ USAF/SG3/5

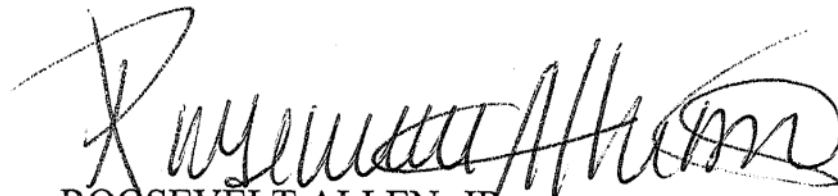
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SUBJECT: Changes to Post-Pregnancy Deferment and Exemption Periods

AF/A1 recently published an Air Force Guidance Memorandum (AFGM) for Air Force Instruction 36-2110, *Assignments*, and an Interim Change (IC) to 36-2905, *Fitness Program*. These changes extended the post-pregnancy deferment periods from 6 months to 12 months for PCS, TDY, deployments and fitness assessment exemption. Of particular note, the implementation dates for these policies vary. Members who completed their pregnancies between 1 Jan 15 – 5 Mar 15, inclusive of these dates, will be exempt for fitness assessments for 12 months from discharge from hospital, but deferred from PCS, TDY and deployments for 6 months. Members who completed their pregnancies from 6 Mar 15 onward will be deferred or exempt from all four of the above mentioned actions for a period of 12 months.

The official “AF Std Pregnancy” 469 template in ASIMS has been updated with the new guidance. If your Medical Treatment Facility (MTF) created an MTF-specific pregnancy profile template, you must modify the language to reflect the new guidance. All MTFs will need to manually update profiles for women who completed their pregnancies from 1 Jan 15 to present, to implement these changes. Guidance to ensure this is done consistently across MTFs using the Duty Limiting Conditions Log in ASIMS is attached.

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